

Relationships and Sex Education (RSE) Policy



May 2026

Approved by TLP Committee May 2026

Review May 2027

Relationships and Sex Education (RSE) Policy

Foxes Piece School

At Foxes Piece School we are committed to supporting the academic, personal, social and emotional development of all pupils. Relationships Education and Health Education form part of our PSHE curriculum and help children to make safe, healthy and respectful choices.

Aims

This policy aims to provide information for staff, parents, carers, governors and pupils regarding Relationships and Sex Education (RSE), explain how RSE is taught at Foxes Piece School and ensure the school meets statutory requirements.

Legal Requirements

This policy complies with the Children and Social Work Act 2017, the Relationships Education, Relationships and Sex Education and Health Education Regulations 2019, DfE statutory guidance, the Equality Act 2010 and statutory safeguarding responsibilities.

Relationships Education and Health Education are statutory in all primary schools. At Foxes Piece School, these areas are taught through the PSHE curriculum. Age-appropriate Sex Education is taught in addition to the statutory science curriculum.

Parents and carers may withdraw their child from designated non-statutory Sex Education lessons. There is no right to withdraw pupils from statutory Relationships Education, Health Education or National Curriculum Science.

Teaching reflects the diversity of modern Britain and promotes equality, inclusion and respect for all.

Development of the Policy

This policy was developed by the PSHE Lead in consultation with staff, governors, pupils and parents. It links closely with the school's Safeguarding, Behaviour, Equalities, Anti-Bullying and PSHE policies.

Definition of Relationships Education

Relationships Education teaches pupils how to build healthy relationships and friendships, recognise respectful behaviour, understand personal boundaries and stay safe both online and offline. Pupils are also taught how to recognise unhealthy relationships and seek help and support when needed.

Sex Education provides factual and age-appropriate learning about conception, birth and puberty. Puberty Education forms part of statutory Health Education and all pupils will take part in these lessons.

Curriculum

RSE is taught through the PSHE curriculum using age-appropriate resources, discussion and activities. Teaching supports pupils to form positive relationships, respect differences, understand online safety, recognise bullying and discrimination, and develop confidence and resilience.

Online safety teaching includes learning about safe online relationships, privacy, consent, inappropriate content, image sharing, peer pressure and where to seek help.

Our school uses the Christopher Winter Project scheme to support teaching. Further curriculum information is available on the school website.

Pupils with SEND

All pupils access the RSE curriculum as appropriately as possible. Teaching may be adapted to meet individual needs to ensure all pupils can access the learning effectively.

Managing Questions and Safeguarding

RSE lessons are taught in a safe and respectful environment with agreed class rules. Pupils are encouraged to ask questions appropriately and respectfully. Some questions may be addressed individually rather than within a whole-class discussion.

Whilst staff aim to create an open and supportive environment, confidentiality cannot be guaranteed. Any safeguarding concerns or disclosures will be followed up in line with the school's safeguarding procedures.

Impact

High quality RSE enables pupils to build healthy relationships, make safe choices, respect themselves and others, recognise inappropriate behaviour and know where to seek support. It also prepares pupils for the transition to secondary education and later life.

Roles and Responsibilities

The Governing Body is responsible for approving this policy and monitoring implementation. The Headteacher oversees the delivery of RSE and manages withdrawal requests. The PSHE Lead monitors the curriculum and supports staff. Teachers deliver RSE sensitively and appropriately, and pupils are expected to engage respectfully in lessons.

Monitoring and Review

The policy and provision will be monitored by the PSHE Lead, Senior Leadership Team and Governors. Staff will receive appropriate training as part of the school's CPD programme. The policy will be reviewed annually.

Working with Parents and Carers

We value the role of parents and carers in supporting children's understanding of relationships and health. This policy will be available on the school website and parents/carers are welcome to contact the school with any questions or concerns regarding the curriculum.

We encourage all pupils to participate fully in the RSE curriculum.

Policy written by: Nazia Khawaja (PSHE Curriculum Lead)

Date reviewed: May 2026

Ratified by Governors: May 2026

Next review date: May 2027

Useful Information

[DfE Relationships Education Guidance](#)

[DfE Guide for Parents](#)