



# **Foxes Piece School**

## **Ramadan Fasting Policy**

**April 2024**

**Approved by the Teaching, Learning & Pastoral Committee:**

**Review Date: Annually**

This policy was devised in consultation with a range of members of the school community including Muslim families and staff. Whilst we recognise that fasting is not compulsory before the age of puberty in Islam, we understand that children wish to fast to prepare them for adulthood. We do not encourage children in KS1 to fast.

#### Our Aims and Objectives

- To provide a safe environment for children who wish to fast during part or all of the month of Ramadan.
- To ensure the proper care of children is maintained and keep parents informed if their child is unwell.
- To further develop understanding of the different faiths represented in the school population.

#### Implementation

- We ask all parents to inform the school if they wish their child to fast for part or all of the month of Ramadan.
- Children who are fasting will not be expected to exert themselves physically and school will make arrangements for quiet places at break and lunchtimes.
- Children who are fasting will be encouraged to not participate in rigorous activities such as running around at lunchtime. They will be encouraged to make use of a quiet area in school in order to conserve their energy; this will be supervised by a designated member of staff.
- As is the tradition in the school, RE lessons and assembly will be held during the school year to create an understanding of the Muslim faith and the festival of Eid-ul-Fitr.
- In the rare circumstances of a child becoming distressed or unwell when he or she is fasting, the school will call home and if necessary encourage the child to break their fast by eating an emergency snack and having a drink of water.
- If a child has a medical condition that would be complicated by fasting, eg. Diabetes, the child will not be permitted to fast at school.

#### Health and Safety

- Parents MUST inform the school if their child is fasting.
- The school will inform parents immediately if their child who is fasting becomes unwell.
- Children who fast should conserve their energy and not join in strenuous games.

#### Inclusion

- There is mutual co-operation between the parents of children who are fasting and the school.
- All children in the school are encouraged to feel positive about their family, their culture and their faith.

#### Members of Staff

- Staff who wish to fast should inform the Senior Leadership Team so flexible arrangements can be discussed and arranged.